

PROVISIONING ORDER FORMS

Information About Purchasing:

All prices include VAT and are subject to 20% service charge (due to fluctuating exchange rates and delivery costs).

Card/Wire payment is accepted in advance of your holiday by card for orders above \$200US only.

Smaller orders are payable in cash only before setting sail.

All orders should be emailed to info@sailgrenadines.com 4 weeks prior to sailing.

Orders received within 7 days of the charter may not be complete.

More wine and spirit selections are available from Gonsalves Liquors (see Food List).

All items on the Drinks and Food list are purchased in Bequia / Saint Vincent at the best retail rates available.

Fresh Produce is available in Saint Vincent but the supermarket stocks vary considerably from week to week.

If the item you want isn't on the list, please include it in your order and we will probably locate it for you.

Receipts for food purchasing will be available for collection in SVG.

Please send this list to info@sailgrenadines.com 3 weeks prior to your charter.



WWW.SAILGRENADINES.COM

Base Manager, Bequia: 001 784 533 2909

Bequia Office: 001 784 457 3590

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DRINKS PROVISIONING

NAME:

BOAT NAME:

CHARTER DATES:

For large quantities of fine wines and other alcoholic drinks please visit Gonsalves liquors at www.gonsalvesliquors.com. Please CC info@sailgrenadines.com info@sailgrenadines.com when you place your order for delivery prior to your arrival. \$20US will be added to your bill to cover collection/chilling/packing on board.

Water, Juice and Soft Drinks	Price Case USD	Price Bottle/can USD	Quantity Case	Quantity Bottle/ Can
Water				
S.Pellegrino Sparkling water 75cl (15 in a case)	\$ 80.00	6.45		
Perrier Sparkling water 75cl (12 in a case)	\$ 65.00	6.00		
Mountain Top Still Water 0.5 L(24 in a case)	\$ 18.00			
Mountain Top Still Water 1.5 L (12 in a case)	\$ 20.00	5.00		
Mountain Top Still Water 5L (4 in a case)	\$ 25.00			
Juices				
Orchard Orange Juice 1L(12 carton in a case)	\$ 32.00	3.00		
Orchard Pineapple Juice 1L(12 carton in a case)	\$ 32.00	3.00		
Orchard Apple Juice 1L (12 carton in a case)	\$ 32.00	3.00		
Tropical Mix Juice 1L(12 carton in a case)	\$ 40.00	4.00		
Cranberry Juice (1l bottles)	\$ -	7.00		
Lime Juice Concentrate (15oz)	\$ -	5.00		
Soft Drinks Cans				
Coca cola (24 in a case)	\$ 35.00	2.25		
Coca cola Light (24 in a case)	\$ 40.00	2.25		
Sprite (24 in a case)	\$ 40.00	2.25		
Soda Water (24 in a case)	\$ 54.00	2.50		
Tonic Water (24 in a case)	\$ 54.00	2.50		
Ginger Ale (24 in a case)	\$ 54.00	2.50		
Soft Drinks Glass Bottles				
Vita Malt (310ml) 24 in a case	\$ 35.00	3.00		

Bitter Lemon (280ml) 24 in a case	\$	20.00	2.00		
Fruit cocktail (280ml) 24 in a case	\$	25.00	2.00		
Lemon Lime (280ml) 24 in a case	\$	25.00	2.00		
Kola (280ml) 24 in a case	\$	25.00	2.00		
Ginger Ale (280ml) 24 in a case	\$	25.00	2.00		
Orange (280ml) 24 in a case	\$	25.00	2.00		
Tonic Water (280ml) 24 in a case	\$	25.00	2.00		
Soda water (280ml) 24 in a case	\$	25.00	2.00		
Alcoholic Beverages					
Carib Beer Can (24 in a case)	\$	45.00	3.00		
Carib Beer Bottle (24 in a case)	\$	35.00	3.00		
Hairoun Beer Can (24 in a case)	\$	40.00	3.00		
Hairoun Beer Bottle (24 in a case)	\$	35.00	3.00		
Corona	\$	58.00	4.00		
Heiniken Beer can (24 in a case)	\$	45.00	3.00		
Heiniken Beer bottle(24 in a case)	\$	40.00	3.00		
Guinness (dark beer)	\$	40.00	3.00		
Rum Punch (75cl)	\$	-	11.00		
Spirits	\$	-			
Sparrow Dark Rum (75cl)	\$	-	15.00		
Light Rum (75cl)	\$	-	15.00		
SLR Rum (white rum) (75cl)	\$	-	15.00		
Sunset Strong Rum (75cl)	\$	-	15.00		
Mount Gay (75cl) (dark rum)	\$	-	20.00		
Gordons Gin (75cl)	\$	-	19.00		
Tanquery Gin (75cl)	\$	-	23.00		
Bombay Sapphire (75cl)	\$	-	21.00		
Tequilla Gold (75cl)	\$	-	25.00		
Tequilla Silver(75cl)	\$	-	25.00		
Tanquery Gin (1 litre)	\$	-	19.00		
Smirnoff Vodka (1 litre)	\$	-	20.00		
Absolute Vodka 75cl	\$	-	20.00		
Johnnie Walker Red Lable (1 litre)	\$	-	60.00		

J and B Rate (1 litre)	\$	-	34.00	
Cream of Coconut			5.00	
Grenadine Syrup			10.00	
Wines				
Red Wine - Merlot Sunrise	\$	-	18.00	
Red Wine - Cabernet Sauv	\$	-	18.00	
Red Wine Merlot Yellow Tail	\$	-	18.00	
Red Wine-Trivento malbec	\$	-	18.00	
White Wine Sauvignon Blanc (Dry)	\$	-	18.00	
White Wine Sunrise Chardonnay	\$	-	18.00	
White Wine Beringer Pinot Grigio	\$	-	15.00	
Carlo Ros California Rose	\$	-	18.00	
Minuty Rose	\$	-	25.00	
Freixenet Bubbly (75cl)	\$	-	20.00	
Veuve Clicquot Rose	\$	-	85.00	
Veuve Clicquot Brut	\$	-	70.00	
Prosecco Brut (1 litre)	\$	-	34.00	

DOMESTIC SUPPLIES	UNIT	PRICE USD	QUANTITY
Domestic Trash Bags (note 1 on board)	12/10 CT	\$	4.75
Value Time Paper Roll (note 1 on board)	1 RL	\$	1.71
Toilet Rolls (note 2 / toilet on board)	1 RL	\$	1.15
Bop Spray Away (note 1 on board)	600ml	\$	5.75
Domestic Plastic wrap	100 SQ FT	\$	3.15
Domestic Aluminium Foil	75 SQ FT	\$	3.65
OFF insect repellent	6oz / 177ml	\$	14.99
Paper Napkins	1 pk	\$	3.50
Insect Repellent (child)	6oz / 177ml	\$	14.50
Shower Cleaning Spray		\$	5.50



FOOD & GALLEY PROVISIONING

Bareboat Included : 1 small coffee, 1 small SSk Milk, 1 L. Water, 1 Bowl of Fruit, 1 Bottle of Rum, 1 small sugar, 1 Juice.

Day Charter Included : As above + Local Beer and Rum Punch

BREAKFAST GOODS	UNIT	PRICE USD	QUANTITY
Honey	4oz	\$ 8.45	
Stawberry Jam	11.9oz/340g	\$ 3.88	
Raspberry Jam	11.9oz/340g	\$ 5.31	
W/Rose 3 fruit Marmalade	11.9oz/340g	\$ 4.75	
Passion Fruit Jam	17oz/482g	\$ 4.35	
Nutella Hazelnut Spread	12oz/371	\$ 9.15	
Peanut Butter Creamy	510g	\$ 4.75	
Peanut Butter Crunchy	18oz/570g	\$ 6.15	
Pancake Mix Aunt Jemima	453g	\$ 4.15	
Pancake Syrup (Flavour preferred : _____)	709ml	\$ 3.45	
Cornflakes	7oz/198g	\$ 4.45	
Rasin Brand	425g/15oz	\$ 5.85	
Weetabix	215g	\$ 5.15	
Oats		\$ 5.00	
Alpen Muesli	375g	\$ 7.00	
Sugardale Bacon Regular	16oz/453g	\$ 6.25	
Un Smoked Bacon	16oz/453g	\$ 5.15	
Other Cereal _____			
Breakfast Drinks			
Nescafe Instant Coffee	200g/7.05oz	\$ 16.15	
Maxwell Ground Coffee Original Blend	326g/11oz	\$ 7.35	
Folgers Ground Coffee	326g/11oz	\$ 8.79	
Saint Vincent Ground Coffee		\$ 14.00	
Italian Ground Coffee		\$ 15.00	
Tetley Premium Brand	80bags	\$ 6.25	

English Breakfast Tea	20bags	\$	8.55	
Earl Grey Tea	50bags	\$	13.00	
Lipton Tea	20bags	\$	4.55	
Ginger and Lemon	20bags	\$	2.35	
Peppermint	20bags	\$	2.45	
Cinnamon mint	20bags	\$	2.45	
Nesquik / Drinking Chocolate	113g	\$	4.15	
Other _____				
DAIRY PRODUCTS	UNIT	PRICE USD	QUANTITY	
Fruit Yoghurts (small) Assorted flavours	6oz /170g	\$	1.22	
Greek Yogurt (large)	1ltr	\$	8.00	
Butter Salted	250g	\$	4.55	
Butter Unsalted	250g	\$	4.65	
Cheddar Cheese	250g	\$	5.00	
Feta Cheese	8oz / 227g	\$	7.27	
Mozzarella Cheese	Small	\$	4.85	
Cream Cheese	8oz / 227g	\$	4.94	
Happy Cow Cheese spread (wedges)	pack of 8 wedges	\$	2.34	
Sliced Sandwich Cheese (pack singles)	pack of 10 singles	\$	3.84	
Parmesan Cheese (grated)	227g	\$	5.92	
Babybel Mini Original	6/12g	\$	5.97	
Brie	8oz / 227g	\$	11.50	
Van Kass Edam	15.9oz / 453g	\$	7.04	
President Camembert	125g	\$	5.11	
St. Clemens Dan Blue Wedge Cheese	125g	\$	6.09	
Milks				
Distinction L Fat 2% Longlife Milk	1 litre / 1 quart	\$	1.35	
Distinction FC 3.25% Longlife Milk	1 litre / 1 quart	\$	1.59	
Half and Half Milk/Cream	1 litre / 1 quart	\$	1.69	
Coffee Mate	6oz	\$	1.51	
Almond Milk	946ml	\$	7.00	
Evaporated Milk (Can)	14oz/410g	\$	1.95	

Eggs	1 dozen	\$	3.07	
COLD LUNCHESES, MEATS and DELI	UNIT	PRICE USD		QUANTITY
Deli counter- Turkey ham	1lb	\$	7.25	
Deli counter- Genoa Salami	1lb	\$	8.15	
Deli counter- Sliced Honeycured Ham	1lb	\$	8.15	
Pepperoni	1lb	\$	10.55	
Beef Burgers (Frozen)	1box (360g)	\$	5.00	
Cumberland Sausages (Frozen)	1pack (454g)	\$	4.00	
Steak (Please specify type - hard to find) (Frozen)			market price	
Hotdogs	1 pack	\$	3.15	
Turkey Breast (Frozen)	lb	\$	3.45	
Chicken Breast (Frozen Boneless)	lb	\$	3.45	
Chicken Legs (Frozen)	lb	\$	3.15	
Whole Chicken (Frozen)	lb	\$	5.15	
Whole Turkey (Frozen)	lb	\$	5.15	
Chicken drumsticks (Frozen)	lb	\$	3.15	
Chicken Wing (Frozen)	lb	\$	3.15	
Frozen Shrimps	large 31-40	\$	35.15	
Smoked Salmon (Frozen)	1pack	\$	25.15	
Minced Meat	small pack	\$	10.00	
Pork Tenderlion (Frozen)	1lb	\$	12.45	
Pork Chops (Frozen)	1lb	\$	7.45	
PASTA/RICE AND CANNED GOODS	UNIT	PRICE USD		QUANTITY
Pasta Shells	8oz / 250g	\$	1.75	
Fusilli Pasta	16oz /454g	\$	4.15	
Linguine Pasta	16oz /454g	\$	5.35	
Ronzoni Penne Pasta	16oz /454g	\$	3.45	
Spaghetti	16oz /454g	\$	2.75	
Carib Pearl L/Grain Rice	2kg	\$	3.99	
Vigo Basmati Rice Aged	11.9oz /340g	\$	3.25	
Jasmine Rice	16 oz	\$	5.50	
Tuna in oil	6oz/170g	\$	2.25	

Tuna in waer	6oz/170g	\$	2.25	
Pink Salmon	7oz /213g	\$	5.75	
Anchovies	13oz / 390g	\$	8.55	
Crab Meat	6oz / 170g	\$	8.08	
Heinz Baked Beans	15.8oz /448g	\$	4.27	
Sweetcorn	14oz /425g	\$	3.15	
Red Kidney Beans	15.5oz / 439g	\$	1.69	
Sweet Peas and Carrots	14oz /425g	\$	3.15	
Green Beans	14oz /425g	\$	4.47	
Mixed Vegetables	14oz /425g	\$	3.15	
Tomato and Basil Sauce	14oz /425g	\$	2.82	
Diced Tomatoes	14.05oz / 411g	\$	2.41	
Mushroom Soup	11oz / 305g	\$	5.62	
Chicken Soup	14.01oz / 400g	\$	1.05	
Tomato Pesto	6oz / 185g	\$	6.45	
Pesto	6oz/ 185g	\$	6.45	
Cream Style Corn	14oz /425g	\$	3.15	
Cornbeef	12oz	\$	3.47	
CONDIMENTS AND DRESSINGS	UNIT	PRICE USD	QUANTITY	
Hellmanns Mayonnaise Real	8oz/236ml	\$	3.45	
Hellmanns Mayonnaise Real Light	30oz	\$	11.05	
French's Mustard	8oz / 266g	\$	5.80	
English Mustard (Powder)	2oz/57g	\$	10.32	
Pace Chunky Salsa Medium	15.97oz / 453g	\$	6.15	
Pace Chunky Salsa Mild	15.97oz / 453g	\$	6.15	
Goya Pure Olive Oil	500ml	\$	11.72	
Vegetable Oil	24oz / 0.7l	\$	6.05	
Sunflower Oil	24oz / 0.7l	\$	6.05	
Bbq Sauce Original	510g / 18oz	\$	5.96	
Bbq Sauce Honey	510g / 18oz	\$	5.75	
Bbq Sauce Smoked	510g / 18oz	\$	4.55	
Heinz White Vinegar	4.73ml	\$	3.25	
S/Fine Apple Cider Vinegar	473ml	\$	2.25	

Goya Manz Spanish Olives	191g	\$	2.97	
Green Olives Stuffed	198g	\$	4.75	
Progress Balsamic Vinegar	355ml	\$	5.35	
NN French Dressing	475ml	\$	4.15	
Caeser Salad Dressing	475ml	\$	4.07	
Thousand Island Dressing	475ml	\$	4.51	
Ranch Dressing	475ml	\$	5.07	
Heinz tomato ketchup	20oz / 567g	\$	4.75	
SUGAR	UNIT	PRICE USD	QUANTITY	
Brown Sugar	1lb	\$	2.01	
White Sugar	1lb	\$	2.01	
Sugar substitute : _____				
SNACKS	UNIT	PRICE USD	QUANTITY	
Holiday Tortillaz Nacho	180g	\$	2.45	
Ginger Nut Cookies	8.81oz / 250g	\$	2.25	
Ritz Original Crackers	12oz / 340g	\$	6.75	
Crix Crackers (Multigrain)	3oz / 85g	\$	1.35	
Crix Crackers (white)	3oz /85g	\$	1.25	
Sesame Crackers	4oz / 125g	\$	3.25	
Carrs Assorted Crackers	9oz / 248g	\$	11.01	
Roasted Garlic & Herb Crackers	4oz / 125g	\$	3.15	
Mcvities Digestive Light	8.81oz / 250g	\$	2.15	
Planters Peanuts	12oz / 340g	\$	5.55	
Planters C/tail Peanuts	12oz / 340g	\$	5.01	
Planters Honey Roast Peanuts	12oz / 340g	\$	5.01	
Planters Sesame Nut Mix	9oz /241g	\$	5.95	
Planters Whole Cashews	7.97oz / 226g	\$	8.81	
Planters Mixed Nuts Deluxe	8.74oz / 248g	\$	8.61	
Classic Potato Chips	4.5oz / 130g	\$	2.25	
Sour Cream & Onion Chips	5oz /140g	\$	2.25	
Lays BBQ Chips	42.5g	\$	2.25	
Salt & Vinegar Chips	8oz / 219g	\$	3.85	
Pretzels	6.17oz/ 175g	\$	5.25	

Pringles Original	4.83oz / 137g	\$	5.01	
Pringles BBQ	4.83oz / 137g	\$	5.01	
Pringles Cheddar	4.86oz/ 137 g	\$	5.01	
Pringles Sour Cream	4.83oz / 137g	\$	5.01	
W/GardHummus Dip RST grl	13.4oz / 380g	\$	7.05	
Cadbury Milk Chocolate	360 g	\$	16.75	
Local Plaintain chips	3.5oz	\$	2.05	
Oreos	18oz	\$	9.09	
FRESH BREAD	UNIT	PRICE USD	QUANTITY	
Local Baguette	per bag	\$	3.75	
Sliced White	per bag	\$	1.51	
Sliced Brown	per bag	\$	1.51	
White Rolls	340g	\$	1.48	
Banana Bread	per bag	\$	7.51	
White Pita Bread	340g	\$	2.15	
Wholewheat Pita Bread	340G	\$	2.15	
Plain Tortilla Wrap	10oz	\$	2.75	
SNACK PACKS AND SUNSET SNACKS	UNIT	PRICE USD	QUANTITY	
Sunset Cocktail Snack Pack (2 - 3 persons)	6 Items + Dip	\$	30.00	
First Breakfast Pack (2 - 3 persons)	Continental	\$	30.00	
Sunset Cocktail Snack Pack (4 - 6 persons)	8 Items + Dips	\$	40.00	
First Breakfast Pack (4 - 6 persons)	Continental	\$	40.00	
Evening Arrival Welcome Pack (2 - 3 persons)		\$	50.00	
(1 bottle of Ice Water, 4 COLD Beers, Rum punch mixed, snacks and dips		\$	55.00	
Evening Arrival Welcome Pack (4 - 6 persons)				
(2 bottles of Ice Water, 1/2 Case COLD Local Beer, Rum Punch Mixed, Dips and Snacks)		\$	65.00	

Please note that the pricing for the following Fresh Fruit & Vegetables varies by weight/amount/size and are seasonal at the local vegetable market.

FRESH FRUIT & VEGETABLES (seasonal)	Unit	Quantity
Melon	1lb	
Pineapple	1lb	
Star Fruit	1lb	
Mango	each	
Papaya	1lb	
Plantain	1lb	
Banana	1lb	
Orange	each	
Grapefruit	each	
Lime	1bag (5 inbag)	
Lemon	each	
Apple	each	
Vegetables		
Broccoli	1lb	
Cauliflower	1lb	
Zucchini	1lb	
Cucumber	1lb	
Green Pepper	1lb	
Red Pepper	1lb	
Yellow Pepper	1lb	
Tomato	1lb	
Carrots	1lb	
Local Lettuce (suitable for 1 - 2 pax / 1 lunch)	1 bag	
Iceberg Lettuce (most common / best priced)	1lb	
Romain Lettuce (approx 3 bunch in bag)	1lb	
Spinach	1 bag	
Celery	1lb	
Corn	1lb	
Yellow Onions	1lb	
Red Onions	1lb	
White Onions	1lb	
Garlic	1lb	
Radish	1lb	
Yam	1lb	
Potatoe	1lb	
Sweet Potatoe	1lb	
Squash(Seasonal)	1lb	
Pumpkin Sliced (Seasonal)	1lb	
Mushrooms	1lb	
White Cabbage	1lb	
Red Cabbage	1lb	
Parsley	1 bag	